Discover your new solution to fitness and wellness – with Aaptiv

Discover the convenience and flexibility that Aaptiv brings on your path towards a healthier you. Whether you're a beginner or a seasoned athlete, Aaptiv is here to help you take action on your fitness and wellness goals.



This new benefit gives you access to:

Al-powered & on-demand digital fitness

Personalized digital workouts plus 10K on-demand classes across 16 categories.

Robust well-being content

On-demand meditation and sleep content, along with resources to support healthy eating.

Corporate wellness challenges

Participate in team wellness challenges as a fun way to boost physical activity.

Extensive network of gyms and studios

Access to one of the largest fitness networks in the industry with 20,000+ gyms and studios.

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Ready to get started?

Create your account today using your unique company sign-up link!



Choose the membership that works best for you

Aaptiv membership tiers

Aaptiv App

- 10K+ on-demand classes
- Al-powered fitness
- Well-being content
- Programs & challenges

Aaptiv Access Classic

- 11K+ locations
- Multi-location access
- \$25
 enrollment
 fee
- Option to upgrade

Aaptiv Access Standard

- 14K+ locations
- Multi-location access
- \$25
 enrollment
 fee
- Option to upgrade

Aaptiv Access Premium

- 16K+ locations
- Multi-location access
- \$25 enrollment fee
- Option to upgrade

Aaptiv Access Elite

- 20K+ locations
- Multi-location access
- \$25
 enrollment
 fee

Our fitness network at a glance

Offering access to 20,000+ gyms and studios across the country

